

Chicken Chili Soup

A warm and hearty classic

INGREDIENTS:

- ⅓ cup low-sodium chicken broth
- ¼ cup salsa
- ¼ cup cooked chili or black beans
- 1 tbsp chili powder mix
- $\frac{1}{3}$ cup chopped, cooked white chicken meat
- 1 Unflavored Juven[®] packet
- Salt and pepper to taste
- Cilantro, cheddar cheese, chopped scallions (optional garnish)

SERVINGS: 1



DIRECTIONS:

STEP 1

In a microwave-safe bowl, mix together broth, salsa, beans, chili powder mix, and chicken.

STEP 2

Microwave for 1½ to 2 minutes or until hot, but not boiling. Stir and microwave for 30 additional seconds.

STEP 3

Remove from microwave and stir in the Juven packet once the chili soup cools down.

STEP 4

Season with salt and pepper if desired. Garnish and serve.

Use Juven under medical supervision.



NOTES:

Garnish with cilantro, cheddar cheese, or chopped scallions.



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