

Frozen Chocolate Pudding Pop

A cool treat with chocolate and peanuts

INGREDIENTS:

- 1 Unflavored Juven® packet
- 2 tbsp plus 1 tsp chocolate pudding mix
- 3 tbsp skim or 2% milk
- 1 tbsp half-and-half
- 1 tbsp chocolate sauce
- 1 tbsp chopped Spanish peanuts
- 1 tbsp mini chocolate chips or granola
- 1 tbsp whole Spanish peanuts (optional)

NOTES:

Garnish with additional chopped peanuts and chocolate sauce.



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[JUVEN.COM/RECIPES](https://www.juven.com/recipes)

SERVINGS: 1



DIRECTIONS:

STEP 1

In a small mixing bowl, whisk together the Juven, pudding mix, milk, and half-and-half. Stir until the powder is dissolved.

STEP 2

Add the chocolate sauce, chopped peanuts, and chocolate chips and mix together.

STEP 3

Place some of the whole peanuts in the bottom of a 5-oz paper cup. Spoon mixture into the cup and sprinkle remaining whole peanuts on top.

STEP 4

Slide a wooden stick into center of mixture and place in the freezer. Freeze about 5 hours or until firm.

STEP 5

Unmold pop and serve.

Use Juven under medical supervision.