

Orange Chocolate Smoothie

A rich and nutritious dessert

INGREDIENTS:

- 1 Orange Juven® packet
- 1 tbsp regular or sugar-free chocolate pudding mix
- ½ cup skim or 2% milk
- 2 tbsp chocolate sauce
- ½ cup chocolate frozen yogurt
- ½ cup ice cubes

NOTES:

Garnish with chocolate shavings or fresh fruit.



Find more delicious recipes at
[JUVEN.COM/RECIPES](https://www.juven.com/recipes)

SERVINGS: 1



DIRECTIONS:

STEP 1

In a small bowl, whisk together the Juven, pudding mix, and milk, and pour into a blender.

STEP 2

Add the remaining ingredients and blend until smooth, adding additional ice if desired.

STEP 3

Garnish if desired and serve.

Use Juven under medical supervision.