

Orange Cream Freeze

A creamy, dreamy, afternoon favorite

INGREDIENTS:

- 1 Orange Juven® packet
- ¾ cup whole, 2%, or soy milk
- ½ cup vanilla ice cream or vanilla frozen yogurt
- ½ cup crushed ice cubes

NOTES:

Garnish with orange slice.



Find more delicious recipes at
[JUVEN.COM/RECIPES](https://www.juven.com/recipes)

SERVINGS: 1



DIRECTIONS:

STEP 1

Stir Juven into milk until powder is completely dissolved.

STEP 2

Pour liquid into blender. Add remaining ingredients and blend for 30 to 40 seconds.

STEP 3

Pour into a glass and serve.

Use Juven under medical supervision.