

## Orange Pineapple Sorbet

*Lovely, fruity, and fresh*

### INGREDIENTS:

- 1 Orange Juven<sup>®</sup> packet
- 3 tbsp water
- ¼ cup half-and-half
- ½ cup canned crushed or chopped pineapple
- 2 tsp fresh lemon juice
- 2 tsp confectioners' sugar

### NOTES:

Top with chopped or crushed pineapple.



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[JUVEN.COM/RECIPES](https://www.juven.com/recipes)

### SERVINGS: 1



### DIRECTIONS:

#### STEP 1

In a small bowl, whisk together the Juven, water, and half-and-half.

#### STEP 2

Pour into a blender or food processor. Add the remaining ingredients and blend until smooth.

#### STEP 3

Pour mixture into a shallow bowl and freeze for 3 hours.

#### STEP 4

Remove from freezer. Using a fork, mash the crystals that have formed. Return the mixture to the freezer for 2 to 3 more hours or until almost solid.

#### STEP 5

Scoop and serve.

Use Juven under medical supervision.

